Dear Parents and Carers,

Planning for the 2017 school year has commenced. To assist us with planning preparations we are hoping that all families that have a sibling that will be in prep for 2017 enrol as soon as possible. Please also inform the office if your family is leaving the school in 2017. These details are important in ensuring that we have a clearer picture of our enrolment numbers for 2017.

What we are working on at the moment...

I think I have officially reached that age where I struggle to understand the younger generation! I’m not sure if it’s a coincidence but in one week I heard myself saying to my daughters that the music of today isn’t like the music when I was growing up! On the same day I even tried to convince them that the ‘Road Runner’ was miles above the standard of any cartoon that they watch on TV. Then in this same week I found out that our younger generation were spending their time chasing ‘Pokémon’ around the city of Melbourne! At first I thought it was an April fool’s joke until I saw three teenagers running around a sporting field, phones in hand yelling out ‘it’s over here! No it’s over here!’ This moment made me realise that I had to stop and check back into life again! How was it that I had got to a stage where I was comparing ‘Drake’ to ‘Vanilla Ice’ or ‘Ro...

Moments like this do make me realise how important it is for schools to continually stop and review the way it works to ensure that it is focused on the right work and meeting the needs of the community.

Over the past few weeks as a staff we have reviewed a lot of the work that has been happening in the school, which has been exciting. As mentioned in the newsletter last week a lot of this work and future directions will be outlined in the Annual Implementation Plan which will be developed during term four. This document will be available on the school website.
I wanted to use the newsletter this week to outline some of the work that has been occurring to give parents an understanding of what we are currently focusing on.

The main focus has been around reviewing and refining the key strategies that the school has been working on to enhance student learning. This has included building a ‘professional learning community’. A professional learning community is one that is focused on student learning and where teachers work together collaboratively for the benefit of all students. To drive this work teachers work in ‘collaborative teams’. The conversation of these teams is focused around the following four key questions (DuFour DuFour research):

- What do we expect the students to learn?
- How do we know they have learnt it?
- What will we do for the students that have learnt it?
- What will we do for the students that haven’t learnt it?

To support the work of collaborative teams we have recently refined the role of the ‘team leaders’ of each team so they have greater and genuine leadership responsibilities. The role of the team leader is to ensure their team is providing high performing learning environments for all students. To support the team leaders with their role we have allocated time where they meet together with Leading Teacher Sarah Nightingale to discuss ways to enhance their leadership capacity in leading their team.

Teams have also been doing lots of work around developing a consistent understanding of the essential things that students are expected to learn for reading, writing and mathematics.

We are also currently doing a lot of work around enhancing the culture of the school so that all students are able to work and play in a safe and supportive environment at all times. We are raising the bar and having even higher expectations of the way in which students demonstrate the values of the school. At a staff meeting this week we commenced reviewing the ways in which we proactively build a positive and supportive environment. This included reviewing and refining the actions and processes that we would take to manage challenging behaviors in the yard and classroom. The way in which we build a safe and supportive culture will be outlined in the Student Engagement and Inclusion policy that will be available to all families. This policy will also include how we will work together to ensure Flemington Primary School is a Bullying and Harassment free school.

It is inevitable that there will be moments in a school environment where conflict arises between students. These situations support a child’s development as they learn how to manage difficult conversations and people in respectful and confident ways, rather than through aggression and violence. However, every person has a right to work and play in a safe and supportive environment. The Bullying and Harassment policy outlines how the school will respond to claims of bullying and harassment. The first stage includes differentiating between ‘bullying’ and incidents where students have had a disagreement or don’t get along. Bullying for me is much more serious and calculated.

The purpose of reviewing and refining the details of the student engagement and inclusion policy is to ensure that as a school community we have a shared understanding of what we do to enhance the culture, and that we have a clear understanding of processes and procedures. The first step in reviewing and refining the policy is to allow all staff the opportunity to have input. This will then be presented to parents in a draft form via the school council policy committee. Parents are more than welcome to join this committee. See key events section of newsletter for more information.

Finally the most important thing with all the work that we are reviewing and refining is that we have a clear plan and that we work from where we are at. This will involve short term and long-term goals, actions and targets.

Multicultural and Diversity working party

Thank you to the parents and staff that have expressed an interest in being part of the Multicultural and Diversity working party. The first meeting of this group will be on Thursday 4th of August at 6:15pm. The meeting will be held in the school staffroom.

Hope everyone had a great week.
School Council Report

School council convened on Monday 25th of July 2016 at 7:00pm.

Key business discussed at the meeting included:

- Finalising the details of the School Council Standing Orders. The ‘Standing Orders’ are able to be viewed on the school website.
- Discussion regarding the school enrolment boundary.
- Discussion regarding the proposed plan from the Moonee Valley Council to improve the safety for students during drop off and pick up on Kent Street and Flemington Street. Other suggestions were put forward by school council members for Moonee Valley Council to consider. A detailed design of the proposal will be presented to the school in the coming months.
- Discussion regarding the remaining ‘Student Free Days’ for 2016. Please note that the only Student Free Day that remains for 2016 will be on the 31st of October. Students are required to come to school on the first day of Term 4.
- Facilities update.
- Finance reports.
- School Council has also been discussing the voluntary contributions that have been kindly provided by parents for the Library contribution and Buildings fund. These funds will be spent by the school in the coming months to purchase up to $20,000 worth of new books for the students as well as to upgrade the shade sails.

Assistant Principal's Report

Sandra McOrist

As a school we continue to practise our values:

‘Be Kind, Be Safe, Be Respectful and Be Ready to Learn’ underpin all of the learning and activities that we do throughout the day. As an adult and a teacher it is wonderful to see these values used by our students. Today, I was walking towards the Learning Neighbourhood when I said good afternoon to a grade 5 student and his automatic response was not only to say good afternoon but to ask after my welfare and chat about the weather. Conversations such as this not only make me smile, but also reassure me that we are sending children into the world knowing how to have a conversation and earn the respect of others.

Bicycle Bee

- FPS Bicycle-Recycle

REMINDER
Saturday, August 6th
12pm to 2pm

NEXT SATURDAY: warmer weather is coming and to help you get your bikes back in order for cycling again, we are running a BICYCLE working BEE. Bike donations, exchanges and most repairs all possible; any new parts will be sourced at cost. No skills or tools necessary just bring your bikes, kids and a bee-friendly attitude.

Your will find us at the “Bicycle Hospital” (next to the FPS Science classroom). As per usual we will be fixing bikes again this Friday before/after school. We hope you can join us.

Bart Sbeghen – 0418 231 686 | Peter Hormann - 0408 773 837, peter.hormann@bigpond.com
Pupil of the Week
Week beginning 25 July 2016

<table>
<thead>
<tr>
<th>Grade</th>
<th>Student</th>
<th>Reason</th>
</tr>
</thead>
<tbody>
<tr>
<td>Prep G</td>
<td>Julyana B</td>
<td>Putting in her best effort to achieve her learning goals, Julyana always does her best work! Superstar.</td>
</tr>
<tr>
<td>Prep MC</td>
<td>Rohan R</td>
<td>Using a confident voice and including detail when sharing his super prep board with his peers. Well Done Rohan!</td>
</tr>
<tr>
<td>Prep W</td>
<td>Shayla V</td>
<td>Trying so hard this week to listen to the teacher and focus on her learning. Well done!</td>
</tr>
<tr>
<td>1A</td>
<td>Oliver A</td>
<td>Choosing ‘Just Right’ books in the library and reading without disturbing others.</td>
</tr>
<tr>
<td>1K</td>
<td>Bino N</td>
<td>Showing independence when completing his work.</td>
</tr>
<tr>
<td>1P</td>
<td>Wesley B</td>
<td>Always listening carefully in class discussions and offering his opinion.</td>
</tr>
<tr>
<td>1R</td>
<td>Brydie M</td>
<td>Always helping others in the classroom and in the playground. Brydie is a kind and caring friend.</td>
</tr>
<tr>
<td>2I</td>
<td>Lucas T</td>
<td>Demonstrating his understanding of multiplication using his own examples to show groups of and arrays</td>
</tr>
<tr>
<td>2J</td>
<td>Umair S</td>
<td>Being kind to others and supporting their learning</td>
</tr>
<tr>
<td>2S</td>
<td>Will L</td>
<td>Sharing his ideas and knowledge with the class.</td>
</tr>
<tr>
<td>3M</td>
<td>Wade O</td>
<td>Wade is a kind class member, who is helps others, in particular with using technology in the classroom.</td>
</tr>
<tr>
<td>34J</td>
<td>Nate R C</td>
<td>Being a supportive and considerate member of the class.</td>
</tr>
<tr>
<td>34L</td>
<td>Riley B</td>
<td>Moving himself away from distractions and working hard to make good choices for his learning. You are doing a RAD job!</td>
</tr>
<tr>
<td>34M</td>
<td>Hamad A</td>
<td>Continuously asking questions and being prepared to learn from taking risks.</td>
</tr>
<tr>
<td>34T</td>
<td>Amy Y</td>
<td>Always having her materials and equipment with her.</td>
</tr>
<tr>
<td>45F</td>
<td>Jamie K</td>
<td>Using critical thinking, participating in discussions and offering your well-thought-out and respectful viewpoints.</td>
</tr>
<tr>
<td>5C</td>
<td>Thomas B</td>
<td>His courageous and persistence during the AFL footy playoff. Well Done.</td>
</tr>
<tr>
<td>56P</td>
<td>Dante Z S</td>
<td>Always being engaged and showing a positive attitude towards learning!</td>
</tr>
<tr>
<td>56V</td>
<td>Ana M</td>
<td>Self-extending on her learning by practicing multiplying large numbers at home. Well done Ana!</td>
</tr>
<tr>
<td>6T</td>
<td>Hussam A</td>
<td>Listening to the teacher’s instructions in class.</td>
</tr>
</tbody>
</table>

Office News
Office Hours, 8.30am – 4.00pm Monday to Friday

School Photos – Tuesday 9th August

School Photo envelopes went out earlier this term and need to be returned to the office by Friday, 5 August. Should you require any extra envelopes or a family photo envelope please collect these from the office.

Uniform Price Increase

Regrettably we have had to increase the price of our winter rain jackets to $30.00. This price increase is effective immediately.

Payments made to the office.

Parents another reminder that any money being given to the office must be sealed in an envelope with your child’s name, grade, amount enclosed and the reason for payment written on the front. In future we will not accept any money over the counter.

OSHC Program

Camp Australia manages the Before & After School Care program. All bookings, absences and payments need to be made through the Camp Australia website.

Do not leave messages on the school answering machine.

Customer Service 8.00am - 6.00pm Monday to Friday 1300 105 343
Website www.campaustralia.com.au
Hello and welcome to another week of hub news

**SAVE THE DATE !! SATURDAY 27 AUGUST**

Upcoming Social Function for parents, teachers and friends of FPS.

It’s time for ... **Bogan Bingo!**

This fun filled night will be half game-show and half party, and we expect to see some awesome hairstyles, outfits and air guitar skills on display!

Tickets are $25 and will be on sale at the office from Monday 1 August. Pop the date in your diary and start organising friends to join in as it should be a great night.

**Friday Canteen**

This Friday we will be selling lamingtons for $1.

If you have any suggestions of items you would like to see available, or you would like to be involved, please contact Julie ([Julie.lam1@optusnet.com.au](mailto:Julie.lam1@optusnet.com.au)).

**Next Meeting**

Next meeting 10 August at 7.30pm at The Laurel Hotel, 289 Mt Alexander Rd, Ascot Vale. All Welcome.

If you have any questions, suggestions or would like to be on the hub distribution list please send an email to Julie at [Julie.lam1@optusnet.com.au](mailto:Julie.lam1@optusnet.com.au).
Healthy Bones Action Week – Pieta Cedaro APD

Next week from August 1-7 across Australia is the official national week for Healthy Bones Action Week (formerly Nationally Healthy Bones Week). This week aims to encourage people of all ages to protect their bone health.

Unfortunately it is often only once bones are fractured or broken that people become aware they have experienced significant bone loss or poor bone formation in their earlier years. Less than half Australian adults meet their calcium intake daily and in the 2007 Children’s Nutrition and Activity Survey almost 60% of children aged 9-16 years were not meeting calcium requirements.

Remember no matter your age it is never too late to protect or improve your bone and teeth health via a simple number of lifestyle habits. Healthy Bones Action Week calls on Australians of all ages to take three main actions to build and maintain healthy bones and teeth:

1. Increase daily serves of calcium rich foods to meet your daily recommended intake (3-4 serves a day depending on your age, sex and lifestyle needs e.g. pregnant, breastfeeding, level of activity). One serve of calcium rich foods is equal to one of the following:
   • 1 cup low fat milk (calcium and Vit D enriched options are best or calcium enriched soy milk) look for one with 300mg per 250ml cup serve)
   • 40g reduced fat hard cheese
   • 200g low fat yoghurt or low fat custard
   • 200g ricotta cheese
   • 150g calcium enriched tofu
   • 100g can canned fish with edible small bones e.g. sardines or pink salmon

2. Commit to some form of regular daily weight bearing exercise e.g. walking, running, weights; and

3. Spend time outdoors daily to increase your exposure to vitamin D – no matter how much calcium we consume it cannot be absorbed without adequate Vit D.

Also remember that not all the calcium we consume is absorbed, in fact some loss or excretion of calcium is normal. Foods that can limit our calcium absorption are too much caffeine and alcohol and a diet high in phytates (eg: some cereals and brans) or oxalates (eg: spinach, rhubarb). A diet too high in sodium (salt) and too high in protein can also increase sodium losses. Medical conditions such as coeliac disease, kidney disease and certain medicines can limit uptake and increase losses so these need to be considered.

Simple tips for increasing calcium intake each day:

• Dairy foods contain a high level of calcium which is easily absorbed compared to added or fortified calcium – include 3-4 serves per day in your normal diet.
• Have breakfast daily- easy calcium rich options such as low fat milk or yoghurt on porridge or breakfast cereals, in smoothies, cheese on toast or ricotta on fruit bread or with fruit salad are all great options
• Snack on cheese and wholegrain crackers, low fat milk based drinks or coffee, or some low fat Greek style yoghurt
• Try canned salmon or sardines which contain bones rich in calcium – these are also Vit D rich foods too
• Use yoghurt in soups, curries, salad dressings or smoothies
• Use yoghurt or calcium rich low fat custards in desserts rather than ice cream or cream
• Add skim milk powder to soups, energy balls or casseroles
• Try soy based products such as tofu that contain calcium
• Include broccoli, mustard cabbage, bok choy, silverbeet, cucumber, celery and chick peas in your regular diet
• Eat more almonds, dried figs, prunes and dried apricots
• Products fortified with calcium (e.g. some breakfast cereals, soy milk) can help improve your calcium intake

https://www.facebook.com/thebalancedplateaustralia
Flemington Community Centre

Toddler’s Programs

Creative Movement, Play & Dance for Toddlers
A fun session to get your toddlers moving, acting, & playing. Children will be guided through fun games & exercises in dance, acting and play that will help improve their learning, listening, & physical skills.

Friday 15 July – 16 September
10.30am – 11.15am

Full fee: $33  Early bird: $28  Concession: $24

For further information and bookings contact the Flemington Community Centre on 8325 1800 or fcc@mvcc.vic.gov.au

Flemington Community Centre
Children’s Programs

Creative Kids (for children aged 6-12yrs)
Come and get creative in our art room. Draw, paint, and use clay with new activities every week!

Tuesday 9 August to 6 September
4.15pm – 5.45pm

Full fee: $33  Early bird: $28  Concession: $24

For more information and bookings contact the Flemington Community Centre on 8325 1800 or fcc@mvcc.vic.gov.au

Flemington Community Centre

ACEFUNTEENISSLASSCHOOL.COM

Cardio Tennis
Free Trial Lesson!
• High energy workout and burn 300 to 1000 calories
• Drill-based and play-based activities
• Lose weight, get fit and have fun
• Participants wear heart monitors, exercise to music and use low compression balls and variety of equipment such as agility ladders

Cost: $12.50 a session.

Locations: Flemington Park TC Smithfield Rd • North Park TC Flemington Rd Gladstone Park TC 15 Elderhow Rd • St Matthews TC 85 William Rd

1300 22 33 86 ACEFUNTEENISSLASSCHOOL.COM