**InTouch Newsletter**

**Thursday, 9 June 2016**
**Volume 2016 Issue 17**

**Flemington Primary School,**
P.O. Box 7, Flemington. 3031
http://www.flemingtonps.vic.edu.au

**Correspondence**

**Parent Forum ‘The role of tools and devices at Flemington PS’**

This session is for all interested families in Prep to 6, as it is not just about iPads but the establishment of ‘Collaborative teams’ and how teachers work together to ensure that we are providing the best learning experiences for all students.

**Agenda:**
- Introduce the structure Collaborative teams at FPS which builds the professional capabilities of our teachers in order to provide a consistent and high performing learning environment.
- How ‘tools and devices’ fit into this structure.
- Moving forward:
  - Goals for the remainder of 2016
  - Goals for 2017
- Questions/feedback

Thank you to the parents that have contacted the school with questions and suggestions regarding the forum.

Hope that you are able to join us!

**Key reminders**
- **Join Tiqbiz! Currently we have 46 people!**
- **No school on Monday as it is a public holiday**
- **Assembly 2:40pm**
- **Last day of Term Two 24th of June 1:30pm**

Dear Parents and Carers,

Thank you so much to the families that braved the weather on Sunday for the Working Bee! Thank you also to Sandra McOrist for preparing the day.

Thank you to the families that returned the ‘Big School Survey’. Your feedback is much appreciated!

Just a few things to be proud of…

There are so many exciting things happening at Flemington Primary School at the moment that you forget how cold the weather has been! Actually, unless you are heading out of the house with a snowsuit on then there is little chance that you haven’t noticed the extra chill in the air!

Tonight the 3/4 students have the opportunity to present their learning to their families as part of the ‘Feed Flemingto’ event. Throughout Term 2, the Grade 3/4 students have been studying a Deep Learning unit called ‘Food & Fibres’, where they have been learning all about where our food and clothing comes from. They have also been exploring questions around sustainability. The unit included an excursion to meet local producers at the Queen Victoria Market and guest speakers.
The global issue of ‘food and resource waste’ from the unit of work became an issue which the students were very interested in learning more about. This led to the organisation of the ‘Feed Flemington’ event. Big thank you and congratulations to the 3/4 teachers who have allowed the students to take control of the experience. There is no more authentic learning opportunity for the students then one that they have created themselves. I’m looking forward to learning more about this important issue later this evening.

Congratulations to the Year 1 and 2 students for being so organised so that they could head off for their excursion to the Gould League in Moorabbin at 8:15am to learn more about sustainable living. I even had the privilege of having some Year 1 students visit me during the week to share some of their writing. I heard that the trip home on the bus was very quiet as the students enjoyed an afternoon siesta!

There is so much to be excited about and proud of for the community of Flemington PS.

Imagine if the Preps could take care of a horse?

I can’t believe there is only two weeks left of school before the end of Term Two. Hope the Prep families and students have had an enjoyable 6 months of school. I know there were a lot of Prep students sad to have to say goodbye to their little ‘chick’ friends last week as part of their unit of work. ‘The ‘chicks’ were very popular during their visit and enjoyed many visits from the staff! One Prep student even asked if it would be ok if they could bring a horse into the school to take care of next term. You know how exciting that would be for the students! You know how hard it was for me to say that it would be too difficult for a horse to sleep in the Prep classrooms for two weeks! The funny thing was that the prep student even had a plan of how we could do this without anyone finding out! Ok, I thought about it for a second…it was a good plan! But I don’t think the Prep teachers would have appreciated a horse taking up their office space.

Finally…something exciting coming soon to Flemington Primary School

I had the chance to meet with some of our senior students during the week who are keen to showcase the many different cultures that make up Flemington Primary School. It is a unique community and many people have many stories to tell about their cultural background. Growing up with parents born in Italy I loved hearing about how my mum and dad ended up in Australia. I also love to share our family traditions with my daughters, which includes making fresh pasta sauce! My mum has also finally offered to provide me with a ‘Master Class’ experience next year so I don’t have to keep transporting boxes of sauce from Cobram to Melbourne! On my wife’s side, my daughters just recently attended a reunion in a small town outside Ballarat which included 4 generations (born in Australia) of their grandfather’s family that included over 150 distant relatives that originated from Ireland in the late 1800s. It was an amazing experience!

Hope everyone had a great week.

School Council Report

School Council convened on 23 May and considered business including:

- Welcoming Alex Artavilla as Acting Principal and receiving his first report;
- Noting the retirement of Bruce Zeibell and Leonie Isaacs from School Council, acknowledging their tireless work over many years and expressing our gratitude;
- Receiving a report, presented by Sarah Nightingale, proposing a review of the school’s pedagogical framework;
- Passing of an updated EFM policy;
- Receiving finance reports and reports from HUB, education, facilities and other committees;
- Tabling of a draft school sponsorship policy (to regulate solicitation and acceptance by the School of paid advertising and sponsorship).

The School Council Policy subcommittee is currently reviewing a whole school Issues Resolution/Communication policy. This is currently in draft form on the school website under the heading ‘information’ – ‘school policies’ – ‘Issues Resolution/Communication’. Please email any suggestions/feedback to the subcommittee at flemington.ps@edumail.vic.gov.au using the subject heading ‘Issue Resolution/Communication policy’. The subcommittee will also be reviewing the Student Engagement and Inclusion policy.

School Council has also established a ‘Working Party’ to review draft ‘Standing Orders’. The purpose of ‘Standing Orders’ is to assist school council to operate efficiently and effectively within the legal framework and Department guidelines for school councils. The working party will be meeting on Wednesday 15th June at 2:30pm in room 12 (the one near the aftercare room). A draft of the Standing Orders is available on the school website under the heading ‘About Us’ – ‘School Council’. Members of the school community are more than welcome to attend. Please contact the office if interested in joining the working party.

School Council will next convene on 20 June 2016 in the staff room 7:00pm.
Pupil of the Week
Week beginning 6 June 2016

<table>
<thead>
<tr>
<th>Grade</th>
<th>Student</th>
<th>Reason</th>
</tr>
</thead>
<tbody>
<tr>
<td>Prep G</td>
<td>Boston R</td>
<td>For applying feedback and extending his writing by adding more detail and experimenting with punctuation. Go Boston!</td>
</tr>
<tr>
<td>Prep MC</td>
<td>Adem U</td>
<td>Making great predictions about the story Hide. Well Done Adem :)</td>
</tr>
<tr>
<td>Prep W</td>
<td>Anirudh K</td>
<td>Walking safely in the line. Well done!</td>
</tr>
<tr>
<td>1A</td>
<td>Huy H</td>
<td>Using the clues around the room to help him.</td>
</tr>
<tr>
<td>1K</td>
<td>Gigi M</td>
<td>Being focused when writing, using punctuation and adding detail. Great Job!</td>
</tr>
<tr>
<td>1P</td>
<td>Beth F</td>
<td>Always speaking nicely to all members of 1P. Well done Beth!</td>
</tr>
<tr>
<td>1R</td>
<td>Naomi T</td>
<td>Always trying her best and showing excellent focus on learning her reading words. Naomi is doing a great job!</td>
</tr>
<tr>
<td>2I</td>
<td>Khalid M</td>
<td>Quickly starting his work and demonstrating good understanding.</td>
</tr>
<tr>
<td>2S</td>
<td>Alana P</td>
<td>Always walking around the classroom and using classroom material correctly.</td>
</tr>
<tr>
<td>3M</td>
<td>James L</td>
<td>James was very responsible and kind, he helped others by bringing back their belongings from Science. Class Well Done!</td>
</tr>
<tr>
<td>34J</td>
<td>Quinn O</td>
<td>Supporting his peers in class by sharing his strategies and ideas when others are faced with new challenges.</td>
</tr>
<tr>
<td>34L</td>
<td>Fayaz S</td>
<td>Helping out in the MAC kitchen to save our rescued food. That garlic bread looked amazing!!</td>
</tr>
<tr>
<td>34M</td>
<td>Hannah S</td>
<td>Always including others and creating a welcoming learning environment for everyone.</td>
</tr>
<tr>
<td>34T</td>
<td>Sameer A</td>
<td>Completing his subtraction work with confidence and engagement.</td>
</tr>
<tr>
<td>45F</td>
<td>Anh V</td>
<td>Being self-driven and focused in your learning, always ready to try something new and have a go. Well done Anh!</td>
</tr>
<tr>
<td>5C</td>
<td>Julia H</td>
<td>Keeping on task with the requirements during maths of creating a budget.</td>
</tr>
<tr>
<td>56P</td>
<td>Suliaman H</td>
<td>Well done Suliaman for being a kind friend and caring for Angus when he was injured, you were very supportive!</td>
</tr>
<tr>
<td>56V</td>
<td>Clair H</td>
<td>Being polite &amp; helpful to her teacher and fellow peers. Also, for helping to make 56V a positive and happy environment!</td>
</tr>
<tr>
<td>6T</td>
<td>Aymane A-S</td>
<td>Always treating his peers, teachers and members of the local community with respect!</td>
</tr>
<tr>
<td>PE</td>
<td>Amir M</td>
<td>Helping out with the Prep classes</td>
</tr>
</tbody>
</table>

Office News
Office Hours, 8.30am – 4.00pm Monday to Friday

The Grade 2s are attending an excursion at the centre in Moorabbin on Friday June 10. Please note, as we need to travel to Moorabbin, **students are required at school at 8.15am**, for an 8.30am departure.

**CASH PAYMENTS FOR OFFICE**

Parents can you please ensure that any cash payments are in a secure envelope as we are receiving envelopes that are short of monies. On further investigation we are finding that envelopes have not been sealed correctly, which can lead to monies falling out.

Thank you

**2017 Prep Enrolment**

We are currently accepting our 2017 Prep enrolments. Please note, all applications are due Friday 24th June. If you have a child due to commence school next year, please submit an enrolment form by this date. Should you know of a child due to start school next year, who lives in our enrolment zone (refer to the school website for details), please remind these parents to complete their enrolment form by the same date.

Enrolment forms and Parent Information Handbooks are available from the office.

**Chess Term 3**

Please note that Chess Club will be capped at 20 students per class in Advanced and Beginners. Payments will be processed as they come in and once we have maximum numbers in each class no other students will be able to be enrolled in this activity and will need to wait until Term 4 to try and enrol again. As such, if your child wants to participate you will need to return their form as soon as possible. Please note, forms for Term 3 Chess Club have been distributed this week and extra forms are available from outside the office.
Assistant Principal’s Report
Sandra McOrist

Working Bee  Thank you.  5th June 2016

We were out of luck with the weather on Sunday, however we had a persistent few who were determined to get the job done. I cannot thank them enough for their efforts.

JOBS COMPLETED, AS YOU CAN SEE THERE WERE A FEW
• Amphitheatre – sweeping, sweeping of bricks and general cleaning.
• Courtyard – cleaning of drinking troughs, sweeping, cleaning of drains, wrapping drain covers in shade cloth. Clear spouting along portable walkway.
• Hall – sweeping along car park side. Cleaning of the drinking trough. Sweeping and cleaning around the front of the hall. Weeding around the enclosed water tank.
• Learning Neighbourhood – sweeping deck at the back of prep area, tidying area around the veggie beds next to the portables.
• Portables – sweeping and raking around the sand pit, sweep concrete path alongside portables. Rake soft fall from extremities of playground and under equipment around tree on nature strip at Flemington St. Reattach chains to building, stopping people from going through this area.
• Oval – collect any rubbish. Replace chains leading to the orchard.

Staff and Families Who Attended:
Ellen Connor, Doug, Maggie and Liam Ahearn
Geoff Collins
Peter Hornam
Natalie MacLaren
Chris McWilliams
Craig Shaw
Malcolm Brewer
Bruce Moonie

Sandra McOrist

OSHC Program

RE: CURRICULUM DAY – MONDAY JULY 11TH 2016 (FIRST DAY TERM 3)

Please be advised that Flemington Primary School will be observing a Curriculum Day on this date. In order for Camp Australia to operate a program on this day, we need parents to register their interest online, via the parent’s website at Camp Australia. Please note, a minimum of 18 students need to be enrolled for the program to go ahead on this day. If you are interested in your child attending this day please register your interest by Monday the 4th July. In order to confirm if the program is going ahead, please contact myself on 0403 740 181 by Wednesday 6th July and I will advise if we have the required numbers.

Karl Manua
CAMP AUSTRALIA CO-ORDINATOR

Camp Australia manages the Before & After School Care program. All bookings, absences and payments need to be made through the Camp Australia website. Do not leave messages on the school answering machine.

Customer Service 8.00am - 6.00pm 1300 105 343
Monday to Friday
Website www.campaustralia.com.au
**Curriculum News**

Hello Parents and Students of Flemington Primary School,

For our Challenged Based Learning (CBL), we (Jakob, Max C, Mohammed and Genna from Year 5/6) are making a cookbook to educate people about different cultures around the world and the food they eat during their celebrations. Could you please fill out the survey below ASAP so that we can find out about the recipes you make when you celebrate in your culture. If you have any pictures of the meal to accompany the recipe, or of special photos from your traditional cultural celebrations where the food is eaten, please hand them into the office so that we can include your pictures in our cookbook. If you submit a recipe, your name will be entered into a raffle to win a special prize.

Thank you for your time and contributions.

Kind Regards,

Jakob, Max, Mohammed and Genna

https://www.surveymonkey.com/r/W2GVWPW

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**Music News**

Vern O’Hara ohara.vern.a@edumail.vic.gov.au

**Mid Year Instrumental Concert**

The Music Committee would like to request a call out to our fabulous bakers for the mid-year music concert. We’d love to receive some delectable cakes and biscuits (nut-free please) that can be sold on the night. These treats will keep everyone content and help the music department continue to thrive at Flemington Primary School. Any donations can be left in the canteen in the morning before school or straight after school on the day, in the canteen. Alternatively, drop them off in the foyer when you arrive. Thanking you in advance. (Please include details of ingredients on a sticker or post-it). Any questions, please contact Mary Koulbanis (nickmary6269@bigpond.com) or Helen Karras on (karras.helen.h@edumail.vic.gov.au).

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**ARE YOU A BADGED NETBALL UMPIRE??**

Flemington Primary has entered a team to compete in the 2016 Netball Victoria Schools Championship at the State Netball and Hockey Centre on the 29th August.

Teams play in a round robin format with the top teams advancing through to the finals day at the State Netball Hockey Centre where the State Champions are crowned. Trials and selection of the 5/6 mixed team will occur in Term 3.

To be a part of the event our school needs to supply a badged netball umpire, to umpire the games on behalf of our school.

If you have a netball umpire badge and would be willing to take part, please contact Zoe or Fiona to let them know.

zoe.lee.en@edumail.vic.gov.au
fionamann.fiona.i@edumail.vic.gov.au
Accredited Practising Dietitian
Pieta Cedaro

Start your kid’s day right!

We all know eating breakfast is of benefit to our health – it kick-starts the metabolism after a night fasting, aids weight management, reduces consumption of not so healthy choices later in the day and provides us with fibre and essential vitamins and minerals we might otherwise miss. For children however, breakfast is even more important. In addition to all these benefits, it has been shown to improve attention and learning in the classroom. The aim for breakfast is to have a slowly digested, low refined sugar, moderate protein, carbohydrate rich meal that will keep little bodies and minds charged for longer. Ideally try to include something wholegrain, some lean protein e.g. egg, low fat cheese, milk or low sugar yoghurt and a serve of fruit or vegetables - that way you start the day the balanced way. If your child is not a big cereal eater – don’t stress see my list below for a range of healthy options - the pancake recipe is a great one for non-porridge eaters. If time is an issue, make sure they get up 10 minutes early or prepare something the night before e.g. bircher muesli, a boiled egg to go on wholegrain sandwich, some fruit salad with yoghurt in a tub or healthy oat apple blueberry muffin (see my Facebook page for recipe). If they claim they are not hungry- try cutting back on what is eaten later in the day, and eat dinner earlier so they are hungry first thing in the morning. Fruit smoothies are a great option for the not so hungry for breakfast child. A special cup (e.g. superhero or football logo) – we call it the superfood drink cup - can help too!! Again variety is the key – try to mix it up so they consume a range of different foods and thus nutrients.

Blender Banana Oat Pancakes
Makes 8-10 pancakes

Ingredients:
- 2 cups rolled oats (processed to a coarse flour first in blender or food processor)
- 1 cup low fat milk or buttermilk (calcium enriched soy milk or vanilla flavoured soy milk all work well – adding 1 tbsp lemon juice makes them more fluffy)
- 1 large ripe banana, peeled and chopped
- 1 teaspoon cinnamon or mixed spice
- 1 tablespoons maple or golden syrup or sugar if preferred
- Pinch iodised salt
- 1 teaspoon vanilla extract
- 2 rounded teaspoons baking powder
- 2 eggs
- Olive or canola oil spray for cooking

Method:
1. Once oats are ground to rough flour. Place all ingredients, except the eggs in a blender and blend until smooth. Add eggs and blend a few seconds more.
2. Let stand 10 minutes or longer to thicken batter.
3. If batter becomes too thick to pour easily, add a little more milk.
4. Heat non-oiled frying pan over medium to high.
5. Pour batter, by 1/4- 1/3 cup, into pan and cook for 2-3 minutes on each side.

Variation-handful of blueberries works well as does a really ripe peeled pear or 1/2 cup unsweetened applesauce or pear puree instead of a banana for a change.

For more healthy recipes and healthy eating tips feel free to visit my Facebook page
https://www.facebook.com/thebalancedplateaustralia/

- Low fat smoothie-low fat milk or calcium rich soy milk with berries, mango or banana and low fat yoghurt – feel free to add some ground flaxseeds/linseeds, chia seeds, ground almonds or a handful of oats if you like
- Baked beans and wholegrain toast/English muffin and sprinkle low fat cheese and sliced tomato
- Wholegrain fruit toast with little 100% fruit spread and low fat ricotta spread or natural nut butter and banana
- Avocado, sliced tomato and hummus on rye bread (little Vegemite is fine-great source of B Vitamins)
- Fruit salad and low fat, low sugar yoghurt
- Porridge (made from oats, quinoa, brown rice or barley flakes) or low fat natural muesli with low fat milk/calcium rich soy milk and fruit
- Wholegrain cereal with low fat milk or calcium enriched soy milk and fruit. My pick for best processed cereals are as follows: Weet-bix, Vita Brits, Uncle Toby’s Oat Brits, Uncle Toby’s Oat Flakes (not the oat crispy flavoured variety, just plain oat flakes) or Vita Brits Weeties, Freedom Foods Ancient Grain Flakes, Be Natural 5 Whole grain Flakes or Cashew, Almond, Hazelnut & Coconut. Original Cheerios or Cheerios lower sugar variety and Kellogg’s Special K Original are also better options for a sweeter cereal addict option once in a while. There are a number of other healthy processed cereals around that are great for adults but are too high in fibre for children.
- Low fat cheese, avocado and tomato wholegrain toast or wrap
- Low fat bircher muesli with fruit
- Baked apple or pear stuffed with oats or low fat muesli and topped with low fat yoghurt
- Poached, scrambled or boiled eggs, with asparagus spears, mushrooms, grilled tomato and avocado on grain/rye bread
- Healthy homemade wholegrain pancakes with berries, thin spread 100% fruit spread and low fat ricotta or 100% nut butter-see my easy Blender Banana Oat pancake recipe below-make on weekend and freeze ahead and simply defrost night before or in microwave for 30 seconds
- Bubble and squeak made from cold mashed potato, peas, corns, cabbage, carrot and little parsley and sprinkle with low fat grated cheese or a boiled or poached egg
Hello and welcome to another week of hub news

**Term 2 Special Lunch today**

We hope that all of the students enjoyed our Glenroy Bakery special lunch today. Thank you to Helen, Julie, Monique and Nicole for helping and ensuring all of the food was heated and distributed to the classrooms and thank you also to Glenroy Bakery for providing the pizzas and jam donuts.

**Friday Canteen**

*Our recess canteen was a huge hit last week. The freshly cooked popcorn was really yummy! Thanks to Jane and Helen for organising and to Annette for helping out at recess.*

This Friday after assembly we will be selling cinnamon donuts, popcorn and icy poles for $1. Any queries or suggestions contact Julie (Julie.lam1@optusnet.com.au).

**Next Meeting**

Please note that we have changed the day and venue of our meetings.

Next meeting to be held on Wednesday 15 June at 7.30pm at The Laurel Hotel, 289 Mt Alexander Rd, Ascot Vale. All Welcome.

If you have any questions, suggestions or would like to be on the hub distribution list please send an email to Julie at Julie.lam1@optusnet.com.au.

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**FPS Bicycle Recycle**

**– Volunteers Please**

Thank you to all those involved in helping out over the last week. We'll be fixing bikes again this Friday before/after school and assistance from parents and students to fix bikes will be a valued and fun use of your time. Your will find us at the “Bicycle Hospital” (next to the Science classroom) as per the dates/times above.

Do you, your neighbours, friends or family have bicycles needing a new home? If so, please consider donating them to the school. If you would like a bike please don’t hesitate to contact us. We can also assist with repairing your broken bike.

Bart Sleighen – 0418 231 686
Peter Hormann – 0408 773 837, peter.hormann@bigpond.com

Downriver is a movie produced by one of our Flemington PS parents and stars one of our students, Oliver A from 1A. Please note that this movie is rated MA for Adults only.
Community News

DAN DONELLY TENNIS COACHING PROGRAMS
Royal Park T.C. (cnr Park St & The Avenue, Parkville/Brunswick)

SCHOOL HOLIDAY TENNIS CLINIC
Monday July 4 - Thursday July 7
(2nd week of school holidays - Mon-Thurs)
2nd school term finishes Friday June 24. Parents, this clinic is the perfect school holiday activity. Please note, no fees are payable until July 4. The clinic is available for all ages and playing standards.
Format 1 9am - 12.30pm (Mon to Thurs) $100
Format 2 9am - 3.00pm (Mon to Thurs) $200
8.30 am drop-off available.

All bookings, call or text 0408 991 700

Check out the new website! www.dandonnellytennis.com

Regards
Dan Donnelly,
Club Coach
Royal Park T.C.

InTouch Newsletter

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teamwork
friendships
confidence
leadership
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SESSION TIME
Please select the day from the table below that you wish to enrol your child. 
Enrolments for the following Winter Session

SPORT
SOCCER
11s & 13s
FREE GIFT
(please select one)
Second half
Vis-Vic half
AFL Club half

METHOD OF PAYMENT
Direct Debit
Cheque

TOTAL AMOUNT
$385
$420
$490

Please make cheques payable to VicCric.

Participants Information:
Name:

DOB

Current School:

Parent/Guardian Name(s):

Phone:

Email:

Parent/Guardian Signature:

Families & friends are welcome to watch the clinics for FREE on the following dates:

*Children must be accompanied by an adult to enter the playing area.
*Children under 12 years must be accompanied by a paying adult.